



Spotlight on

LEARNING

...why we do what we do



Te Ao Marama SCHOOL

# Whānau Programme

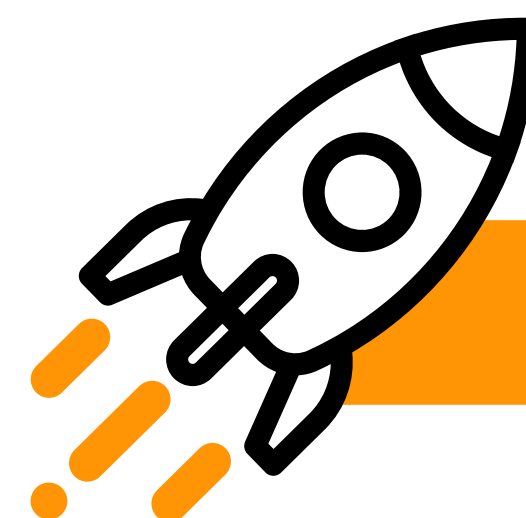


What is our

WHĀNAU PROGRAMME?

Our Whānau Programme is centred within the New Zealand Health and Physical Education curriculum and is designed to foster the holistic wellbeing of all of our students.

Students will also form a close connection to one key teacher who will be the first point of contact for parents and caregivers. Students will begin and end the day in Whānau Time. There will also be a larger block of Whānau Time during the week. Parents and caregivers are warmly invited to join their children in the afternoon Whānau time sessions at 2:15



Why it's

IMPORTANT

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to;

- understand and manage emotions;
- set and achieve positive goals;
- feel and show empathy for others;
- establish and maintain positive relationships;
- and make responsible decisions.



Links to our

VALUES

The whānau programme allows us to *collaborate* with others when building social and emotional skills. The ability to learn to self regulate and build and maintain positive relationships grows *confidence* within our learners. Those who are *confident* are more likely to be *curious* and investigate the opportunities within the world around them. The whānau programme will also enable our students to think of others and make natural *community-minded* connections.



Links to the

RESEARCH

Edutopia; 'Social and Emotional Learning Research Review'

<https://edut.to/2kzafdC>

Edutopia - YouTube; '5 Keys to Social and Emotional Learning Success'

<https://bit.ly/2QXgAAj>



It's all about

RELATIONSHIPS

The ability to self regulate and connect to others positively has a significant impact on learning and lifelong wellbeing and happiness.



Visit us at [www.teaomarama.school.nz](http://www.teaomarama.school.nz)