



Weekly Challenges

Part Four Kererū Rua



<p>YOGA</p> <p>Follow the link to try the Dolphin pose. Challenge yourself to try this every day.</p>  <p>LINK</p>	<p>READING</p> <p>Choose your favourite book and ask someone to read it to you (or you read it to them!)</p> <hr/> <p>ART</p> <p>Have a go at drawing an alien with illustrator Rob Biddulph.</p> <p>See if you can then create your own and share your pictures with your teacher.</p>	<p>SCIENCE</p> <p>Listen to one of the Keeper Chats from Taronga Zoo in Sydney Australia.</p> <p>You may like to check in with some of the animals on the live video feeds. How are they doing with no regular visitors?</p>	<p>WRITING</p> <p>Draw a picture or write a letter to your teachers. Email them a picture.</p> 
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Inspire Challenge Empower

I.C.E. Time

Supporting learning at home










ART- Poppies:

We've seen teddy bears in windows, and now Easter eggs, why not poppies next to mark ANZAC day? Ideas for things you may have at home to create poppies with:

- Felt pens / coloured pencils / paint, Crepe paper, Plastic bottles, Cupcake cases...


Hang them in your window, by your front door, or on your fence or lawn for people to see when they're out walking.

COMMUNITY-MINDED

Can you help with chores at home? Do you clear your plate from the table? Could you do it for others? Can you set the table?

GET PHYSICAL





Have you got a skipping rope? Can you skip forwards, backwards? Can you skip over the rope one leg at a time or two legs together?

MATHS

Make a pictogram of the food groups you eat at home. Fruit, Dairy, Meat, vegetable, sugar or (you can make up your own categories if you like.)

Fruit Collected

Banana	
Apple	
Cherry	