



# Weekly Challenges

## Part Four Kererū Tahi



<p><b>YOGA</b> Follow the link to try the <b>Dolphin</b> pose. Challenge yourself to try this every day. <a href="#">LINK</a></p>	<p><b>READING</b> Choose your favourite book and ask someone to read it to you (or you read it to them!)</p>	<p><b>SCIENCE</b> Go on a bug hunt. Talk about what you find. Look up a fact about them.</p> 	<p><b>WRITING</b> Draw a picture or write a letter to your teachers. Email them a picture.</p> 
<p><b>KAPA HAKA</b> Kapa Haka 4 Kids with Matua Whaitiri Poutawa- <a href="#">LINK</a></p>			





Inspire
Challenge
Empower  
I.C.E.
Time  
Supporting learning at home  


**ART- Poppies:**  
We've seen teddy bears in windows, and now Easter eggs, why not poppies next to mark ANZAC day? Ideas for things you may have at home to create poppies with:


- Felt pens / coloured pencils / paint, Crepe paper, Plastic bottles, Cupcake cases...

Hang them in your window, by your front door, or on your fence or lawn for people to see when they're out walking.

**COMMUNITY-MINDED**  
Can you help with chores at home? Do you clear your plate from the table? Could you do it for others? Can you set the table? What about separating the colours and whites for the washing?



**GET PHYSICAL**



Have you got a skipping rope? Can you skip forwards, backwards? Can you skip over the rope one leg at a time or two legs together?

**MATHS**  
Make a pictogram of the food groups you eat at home. Fruit, Dairy, Meat, vegetable, sugar or (you can make up your own categories if you like.)

Fruit Collected

Banana	
Apple	
Cherry	